



Berkeley West Public School

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LIFE EDUCATION 2022

The Life Education van will be visiting us soon! Life Education NSW ("Happy Healthy Harold") will be visiting our school on Wednesday 30, Thursday 31 March and Monday 4 April. You must complete the permission note below for your child to attend and return it with **\$2 payment per child** (reduced from \$7) to the drop box in the school office as soon as possible.

If your child is interested in purchasing Harold merchandise, also complete the order form attached **and place in a separate envelope** with the correct payment amount of money enclosed.

Here's a brief outline of the range of programs that will be seen by the students:

"My Body Matters"	Class KJ	<ul style="list-style-type: none">• Healthy food choices, importance of physical activity, safety
"Growing Good Friends"	Classes 1R, 1/2O & 2F	<ul style="list-style-type: none">• Unsafe behaviours, situations and environments, healthy food choices• Feelings and emotions
"All Systems Go"	Classes 3/4M, 3/4T & 3F	<ul style="list-style-type: none">• Peer Pressure• Second hand smoking• Safety with medicines• Factors that influence the function of body systems
"Relate, Respect, Connect"	Classes 5/6H & 5/6LW	<ul style="list-style-type: none">• Teaches the knowledge, skills and attitudes that children need to develop and maintain safe and respectful relationships both on and offline. Including effective communication skills, development of empathy and conflict resolution skills.

The programs address components and objectives within the NSW PD/H/PE curriculum.

Completing and returning the permission note below is essential for your child to attend the van visit. A student cannot attend without a permission note from their parent/carer.



Please return this permission note to school ASAP

I give permission for my child _____ of class _____

to attend the Life Education Program 2022.

Signature _____
(Parent Guardian)

Date _____