



BERKELEY WEST PUBLIC SCHOOL

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Principal: Mr A. Attard

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From The Principal's Desk

Upcoming Events

- Fri 17 Aug-** PSSA interschool sport for selected and eligible Yr 3-6 students who have returned permission notes
- Tues 21 Aug-** 9.15am P&C meeting in school community room (very brief!)– all welcome– child friendly!

Book Week Parade in K-2 playground area– students come dressed as their favourite book character- all welcome to come along and watch!
- 11.00am P&C sausage sizzle and visit the student art gallery in the old school hall to purchase some beautiful works of art to support the Year 6 Farewell fundraiser!
- 12.10pm Book Week Parade begins
- Thurs 23 Aug-** P&C Father's Day Mufti day– student may be out of uniform today in exchange for a gold coin to support the upcoming Father's Day stall
- Fri 24 Aug-** Southern Stars choir rehearsal today at WIN Entertainment Centre

PSSA interschool sport for selected and eligible Yr 3-6 students who have returned permission notes
- Mon 27 Aug-** P&C Father's Day stall– students able to purchase a gift for dad, or someone like a dad, from the stall being held at school today– gifts from \$1- \$6
- Tues 28 Aug-** 3/4DL, 3/4F and 3S excursion to Minnamurra Rainforest– permission note, payment and good behaviour at school required
- Wed 29 Aug-** Southern Stars Choir rehearsal @ Smiths Hill High School

2.10pm School assembly– Class 2/3S item– all welcome!
- Thurs 30 Aug-** Southern Stars Choir dress and technical rehearsal @ WIN Entertainment Centre
- Fri 31 Aug-** Southern Stars performance day and evening @ WIN Entertainment Centre

PLEASE RESPECT THE HEALTH CARE NEEDS OF OUR STUDENTS BY NOT PACKING EGGS, PEANUTS or PRODUCTS CONTAINING PEANUTS IN YOUR CHILD'S LUNCHBOX!



Win a \$100 Uniform Voucher!

All parents/carers are invited to complete a short online survey which will give us some valuable information about how you see our school going. Your answers to the survey will help us with our ongoing planning. Simply click the answers on screen you think are best. This is a chance to have your say!

At the end of the survey you will be able to enter the draw for a chance to win one of two \$100 uniform vouchers to use at our uniform shop. How easy!

The survey can be found at the following link-
<https://goo.gl/forms/YtHNuuORfC8eZYdC3>

Any mums or dads on the school's email list, or who have the Berkeley West PS app on their smartphones, have already been sent an email with a link to the survey, allowing them to do the survey from home. If you would like to join our school's email list it only takes 30 seconds! Join the list at-
<https://goo.gl/forms/w05UFkUCax1ItjW83>.

Please note there is one entry into the prize draw per family.

What a great prize to win for just a few minutes of your time!

The prize draw will take place at the whole school assembly on Wednesday 29 August. Good luck!

Southern Stars- "ICONIC"

The biggest performing arts spectacle in Southern NSW will be taking to the stage at the WIN Entertainment Centre in Wollongong on Friday August 31 and Saturday September 1 in a show that will be truly ICONIC.

This year's show ICONIC will feature the best of music, dance and drama from 3000 public school students around the state and will showcase the talents of three circus troupes, the NSW Public School Millennial Marching Band, a rock band, 600 strong choir, 100 strong Aboriginal dance ensemble, a teacher's choir, 50 member orchestra, didgeridoo ensemble, boy's vocal ensemble, and signing choir, to name just a few.

ICONIC embraces many of the iconic songs that make up the soundtrack of our lives, as well as featuring iconic moments, concepts, ideas and fashions throughout the ages.

You don't have to know anyone in the show to come along. ICONIC is great family entertainment for all ages. It is a professional and high quality two-hour, non-stop extravaganza that will surprise, inspire, delight and entertain. It is a show not to be missed!

Three shows are open to the public: Friday 31 at 7.30pm and two shows on Saturday 1 September – a matinee at 2pm and final show at 7.30pm with tickets available through Ticketmaster at www.ticketmaster.com.au

Check out our Facebook page at <https://www.facebook.com/www.southernarts.nsw.edu.au/> for more information about the show and the chance to win tickets.

Principal's Award

Congratulations to Brennah D for receiving the Principal's Award this week for a committed effort toward being respectful, being responsible and being safe at school. As well as her certificate, Brennah will enjoy a \$3.00 food voucher to spend at the canteen and gets to sit on stage at the next school assembly.



Brilliant Brennah!

Afternoon Pickup

If you are arriving at school just before 3.00pm to pick up your children, please arrange to wait and meet them at either the Nolan or Gallop Street pedestrian gates. Better still, come in and take a seat in the covered area outside the school canteen/hall. This is the best place to meet your child as it is shaded and dry in a central location within the school. It also means that students aren't distracted in classrooms by mum, dad or brothers or sisters waiting outside the classroom. Additionally, students or teachers moving around the school mightn't know who you are and this raises child protection/security concerns that can be avoided, particularly around toilet areas or areas where student belongings have been stored.

Maths Tip!

You can help your child at home by involving them in mathematical activities and talking to them about maths and its everyday use.

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Shapes All Around

When walking in the local area point out different shapes that you see. You may like to turn this into a game, e.g. "I spy with my little eye something with a rectangle." Older children may be able to identify 3D shapes, such as cylinders, cubes and prisms.

Also some good website to help kids with their maths are:

<http://www.curriculumsupport.education.nsw.gov.au/countmein/>

Thankyou P&C

Thankyou very much to our school's P&C for supporting our Education Week Open Day by not only putting on another great sausage sizzle for us all to enjoy, but for helping out with the Public Speaking Challenge. Not only did the P&C help judge the competition, they sponsored the medallion and trophy prizes as well!

Thankyou Miss Haworth

Special thanks to Miss Haworth for coordinating our school students' involvement in the District athletics carnival at Albion Park last week. It's because of the dedication of teachers like Miss Haworth, our students get to take part in these special extra curricula activities that extend them!

Thankyou SRC and Mrs Duncan

Well done to the Berkeley West Public School Student Representative Council (SRC) for coming up with the idea of the "Crazy Hair" fundraiser and "Doing Things Together" activity afternoon last Wednesday. BWPS students had a ball and enjoyed the day very much! You can check out some of the "Crazy" hairstyles on our web page. As well as having a bunch of fun, the crazy hair day raised \$214 which will be donated to Cystic Fibrosis Australia!

Thankyou Mrs Duncan for organising a fun day for a great cause!

Education Week 2018

Last week we all celebrated Education Week at Berkeley West Public School. Thankyou to all those parents that came along to our Education Week Open Day despite the dodgy weather. Open day was fantastic, beginning with the K-2 Public Speaking final. After hearing some great speeches from our young students, visitors were able to visit open classrooms to join in a variety of activities back in class. Many then braved the cold to stay and have lunch with their children including a sausage sizzle put on by our P&C.

After lunch, the day progressed with the Public Speaking finals for our Years 3-6 students. Speeches from our finalists were of the highest standard.

Our top public speakers moved on to represent our school at the Community of Schools Public Speaking final at Illawarra Sports High yesterday. There they put their skills to the test against other students from Berkeley and Farmborough Rd Public School their age. Thankyou to Mrs Friend and Miss James for their great organisation of our Public Speaking competition! Special thanks to Mrs Friend who coordinated the Community of Schools final at the high school yesterday!

Jump onto our website and check out some photos from open day in the gallery!

Resilience

Learning to be resilient is one of those special life skills. Resilience is the ability to cope with negative events in one's life and 'bouncing back' to a state of emotional well-being. Research indicates that young people who have high resilience skills have a lower likelihood of becoming depressed or suicidal. They have a higher likelihood of having greater emotional wellbeing and lives that are more satisfying.

Experts are concerned that well meaning parents are smothering their children by over-protecting them. Sheltering children from disappointment does not allow them to develop life skills. Children can only learn resilience skills through experiencing some hurt; it is a part of growing up. Obviously, parents can intervene to minimise the 'hurt', but the nature of childhood is that you will graze your knee, be chosen second, have a friendship disagreement and not get everything you want. To develop resilience in life, unfortunately you have to experience some of these things.

Life skills start when children are preschoolers, playing, taking risks within the protection and parameters of parents in the family home. Then when children commence school through formal and informal play, children learn to interact, solve problems, show initiative and be inventive. The critical thing for parents is to let their children make mistakes or miss out and learn from the experience. Resilience is not 'caught', but has to be 'taught'. By careful conversations both at home and school, children can learn to 'bounce back' after disappointments and develop a healthy attitude to life's challenges and opportunities.

"Experience is not what happens to you; it's what you do with what happens to you."

Aldous Huxley.

Student Assistance

If you require assistance meeting expenses related to your child's education e.g. excursions or uniforms, you are welcome to call the school and ask to speak with the Principal Mr Attard.

"Berkeley West Paint and Play" Playgroup

A free playgroup for children 0-5 years and their parents/carers is open every Friday morning during school term from 9.30-11.00am at Berkeley West

Public School in the preschool room. Absolutely free! All welcome! See you and your kids there!

Call 4272 1422 during school hours if you have any enquiries.

The "94 Club"!

Beginning this term, we are once again throwing down the challenge to all students to once again be in the "94 Club".

How do you join?

Well everyone is automatically a member! Any student that can attend school for at least 94% of this term stays in the club! When all students returned from holidays this term they all started fresh back at 100%. Obviously each day away between now and the end of the term will detract from their score.

Throughout the rest of the term, teachers will remind students of their progressive score. Of course everyone gets sick from time to time, but barring serious illness, everyone is capable of keeping their spot in the 94 Club.

Attendance Cup!

Well done to K/1H and 5/6H for taking out the Attendance Cup over the last two school weeks. Both classes have had outstanding average attendance in the last fortnight.

Can your class win the cup next week? Do your bit, be at school every day!



Starting Kindergarten 2019

Our school has been taking kindergarten enrolments for 2019 for some time now! So far we have a steady growing number of boys and girls showing an interest for "big school" next year!

If you have a child starting kindergarten next year, or if you know someone with a child starting kinder next year, please come to school and pick up an enrolment form. Forms can either be completed at school or taken home and dropped off later. The important thing is that we know about new students so that their parents can be kept informed about upcoming orientation events.



School Attendance

Our school attendance policy has been written in line with Department of Education policy and guidelines. This policy was originally devised in consultation with the school P&C and as is revised regularly. If you would like a copy of this policy you can collect one from the school's front office.

Key points of the policy include-

- by law, all school age students must attend school;
- a satisfactory explanation must be given for any whole day or partial absence from school by parents **within 7 school days**;
- GAS Awards awarded to students who attend regularly and provide explanations for any

absences; and

- procedures for staff to follow in monitoring and reporting concerning student attendance patterns or failure of parents to provide adequate explanations regarding absences.

The key thing for parents to remember is that attending primary school is compulsory. Therefore, if your child is away for any reason we need a **written or verbal explanation from you within 7 school days**. This is also the case if your child arrives at school **after** the morning bell at 8.55am. They either have to be **signed in by you or have a note with them**. A phone call to the front office on **4271 1478** is also acceptable. Under no circumstances is it acceptable for a student to just arrive at the front office late and without a reason from their parent/carer. We have had cases where students have not come directly to school and taken themselves elsewhere in the morning.

When no parental explanation has been received after 7 days, the absence will be noted as unexplained and regular breaches reported to the principal and then the home school liaison officer. Twice a term the principal will send home letters of concern to parents of students whose attendance is causing concern or have a significant number of explanations outstanding. Habitual non-attendance will be reported to the Home School Liaison Officer, or if necessary, Department of Community Services for follow-up. Attendance at school will also be reported on all students' half-yearly and yearly reports. All procedures adopted by our school are in the interests of your child's learning, child protection and safety.

"Great Attendance at School" (GAS) awards will be presented to all students who have attended school **at least 94% of the term to date AND have submitted explanations** from their parents.

Healthy Habits

Did you know???

6 to 12 hot chips (100g) have around 3 teaspoons of fat and 1000kj. Compare this to a small baked potato (100g) with a light spray of oil has less than ¼ teaspoon of fat and 400kj. The main difference is added fat, hence the added energy or kilojoules.

Here is a quick, easy and delicious way to make healthy hot chips

Ingredients

2 large potatoes, cut into chips or wedges

1 teaspoons canola oil

1 teaspoon soy sauce

Method

1. Place a large tray or baking dish into the oven and preheat oven to 200°C.

2. Place all ingredients into a small plastic bag and shake.

3. Take hot tray or baking dish from oven using an

oven mitt, and empty bag of potato lightly coated with oil and soy sauce onto the hot tray, discarding the plastic bag. You can cover tray with a piece of oven paper if you wish.

4. Return to oven to cook for about 12 minutes or until potato is golden brown and cooked, then serve.

Mobile Phones

At Berkeley West Public School we understand that mobile phones fill a need for some families, especially in relation to the occasional issues that arise with before or after school care arrangements. However, there are a number of issues associated with mobile phones at school. These include security, interruptions to class programs, inappropriate use or overuse. Due to these issues, we prefer that students do not bring mobile phones to school.

If, however, you do require your child to have a mobile phone at school, they should leave it in their bag switched off or leave it with the principal where it will be kept securely for the school day. The phone can be collected at the end of the school day to use after school hours.

Keep in mind that any phone calls that need to be made to you regarding your child will always be made through the schools front office. Alternately, if you need to get an urgent message to your child, then contact the school via phone where the message will be passed on.

If it is decided by students that phones will be kept in school bags, then they should be turned off during school hours. The school will not take responsibility for phones that are lost, stolen or damaged when they have been kept in bags.

Drop off and pick up by car

Make sure your children are in an appropriate child car seat that is fitted and used correctly.

Stick to the 40km/h speed limit in a school zone as children are about.

Look for buses pulling out – watch for flashing wig wag lights.

Always park and turn legally around schools.

Avoid dangerous manoeuvres such as U-turns and three-point turns.

Always give way to pedestrians particularly when entering and leaving driveways.

Drop your children off and pick them up on the school side of the road in your school's designated drop off and pick up area. Calling out to them from across the road is dangerous – they may run to you without checking for traffic.

It's safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

Helping Your Child with Spelling and Reading (The Magic 200 Words)

In Term 2 we sent home the first 32 of the "Magic 200" words for students to practice reading and spelling,

particularly grades K-2.

Did you know that around only 200 words make up, on average, over one half of all reading? Many of these words can't be sounded out and rely simply on practice, practice, practice! If your child can read and spell these words quickly and accurately, their enjoyment, confidence and success in reading and spelling tasks is greatly enhanced. Playing games like memory or match will make learning these words more enjoyable.

In the last newsletter we sent home the next 32! They are-

about	their	want	which
get	just	been	come
my	or	she	look
came	will	who	an
like	much	could	go
our	some	up	no
from	well	back	can
must	only	has	little

Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. Keep these foods for special occasions only.

Everyday Snacks	Sometimes Snacks
fruit loaf	muesli bars and dried fruit bars
plain popcorn	potato crisps / chips and corn chips
plain or fruit yoghurt	lollies and confectionary
cheese and crackers	chocolate
fresh fruit or canned fruit	cordial
dried fruit and cheese cubes	soft drink
wholemeal biscuits or crackers	
vegetable sticks and dip or salsa	
corn or rice cakes with or without spreads	
celery, cherry tomatoes and carrot sticks	

Class	Student of the Fortnight	Reason
KG	Dakodah Fuller	Improved effort and achievement in reading
KK	Takeesha Pagett	Achieving her learning goal of 'using spaces' during writing sessions.
K/1H	Alice Barraclough	For being a happy and polite student when in the office.
1/2J	Russell McKendrick	Ignoring distractions, staying focused and always working hard. A great role model for our class members.
2/3S	Amelia Mitchell	For excellent efforts in writing.
3/4F	Mia Correia	Fantastic achievement in the public speaking competition.
3/4DL	Kate Hardwick	Representing Berkeley West Public School at Illawarra Sports High in Public Speaking.
5/6G	Nickitah Knightley	For her positive attitude towards her learning.
5/6H	Mallikye Riley	For settling into BWPS with a positive attitude towards all areas of her schooling.

District Athletics

Well done to all those students who attended the District Athletics Carnival last Friday. BWPS can be very proud of their great sportsmanship and positive attitude towards all events. Congratulations to all those that attended. Hana Stupka and Deisel Glover will now be representing the South Wollongong District at the Regional Athletics Carnival held in Canberra in coming weeks. We wish you all the best in your events and look forward to hearing how you go!



Public Speaking Competition

Congratulations to all the public speaking finalists this year. You all did an amazing job presenting your speech during the education week assembly. The finals were held at Illawarra Sports High School on Tuesday 14th August. All of the students representing BWPS were amazing and received some great feedback on the quality of their speeches. A special mention goes to Layla Ghannumi who came 1st in her section.

2018 Finalists

Kindergarten:

Brennah Davis (CoS finalist), Amelia Waye, Savannah Smith

Year 1:

Dominic King, Banjo Tinelt, Paige Jarrett

Year 2:

Layla Ghannumi (CoS finalist), Isabella Marskell, Amelia Mitchell

Year 3:

Kate Hardwick (CoS finalist), Caitlin Barraclough Adejah Waive

Year 4:

Callie Bright, Rianna Poolman, Mia Correia

Year 5:

Ellie Hardwick (CoS finalist), Sharnie Burnes, Kaito Nagai

Year 6:

Ataya Clancy, Erin Papandrea, Liam Rodriguez

Entertainment Book

Don't forget that you can purchase your Entertainment Membership through us and help our fundraising at the same time! Make sure you order now so that you don't miss out on your exclusive Entertainment Membership: <https://www.entertainmentbook.com.au/orderbooks/28p1536>

IF YOU HAVE NOT RETURNED THE ENTERTAINMENT BOOK SENT HOME WITH YOUR CHILD, PLEASE DROP IT IN AT THE OFFICE ASAP!



Enjoy the best of your city with entertainment

SRC News

The Berkeley West Public School SRC Team and Mrs Duncan organised a Crazy Hair and Doing Things Together Day last Wednesday, \$214 dollars was raised for the Cystic Fibrosis Federation, this money will go towards providing vital support to those suffering from Cystic Fibrosis.

Parent Library Opening Hours

Week	Monday with K/1H and 5/6G	Tuesday 2 nd Half Lunch	Wednesday After School Assembly
4	2:30-3:00pm 13/8/2018	11:30-11:50pm 14/8/2018	3:00-3:15pm 15/8/2018
5	2:30-3:00pm 20/8/2018	11:30-11:50pm 21/8/2018	
6	2:30-3:00pm 4/6/2018	11:30-11:50pm 5/6/2018	3:00-3:15pm 6/6/2018
7	2:30-3:00pm 3/9/2018	11:30-11:50pm 4/9/2018	
8	2:30-3:00pm 10/9/2018	11:30-11:50pm 11/9/2018	K/1H Assembly Item- Library Closed
9	Infants Excursion- Library Closed 17/9/2018	11:30-11:50pm 18/9/2018	
10	2:30-3:00pm 24/9/2018	11:30-11:50pm 25/9/2018	3:00-3:15pm 26/9/2018



Help BWPS support a Fairer Funding model for our Public Schools.

Head to <http://www.fairfundingnow.org.au/> take action to show your support and to take action.

Contact Miss Gabriel if you have any questions about the Fair Funding campaign and what it means for Public Education.