



BERKELEY WEST PUBLIC SCHOOL

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Principal: Mr A. Attard

Issue #14 - 12 September, 2018



From The Principal's Desk

Upcoming Events

- Thurs 13 Sept-** Premiers Spelling Bee Regional final at Hayes Park PS– Good luck and have fun BWPS Spelling Bees!
- Fri 14 Sept-** Regional athletics carnival– for students who have been selected to compete
- Mon 17 Sept-** K/1H, 1/2J & 2/3S excursion to Killalea State Park– permission note and payment required
“Robotics with Edison” session at Illawarra Sports High for selected Yr 5/6 students– permission note required
- Tues 18 Sept-** 9.15am P&C meeting in school Community Room– all welcome– discussion re. pants as part of uniform for girls- child friendly!
- Thurs 20 Sept-** 3.15pm Fathering Project- “Just Kick It” fun afternoon at school
- Wed 26 Sept-** 2.10pm School assembly– all welcome!
NAIDOC Public Speaking finals– Ulladulla– good luck Summer & Ataya!
PBL Reward Day- “Picnic in the Park” for all those respectful, responsible and safe students who didn’t receive a detention in Term 3! (permission note required)
- Fri 28 Sept-** Last day of Term 3– all students and teachers return to school on Monday 15 October
- Mon 15 Oct-** All students and teachers return for the start of Term 4!

SASS Recognition Week 2018!

Last week, Berkeley West Public School acknowledged National Recognition Week for all School Administrative and Support Staff. We appreciate the dedicated staff members who play an important part in ensuring the smooth running of our schools. Our Berkeley West PS SASS Team is Mrs Mackey, Mrs Cassar, Mr Kardos, Mrs King and Mrs Tait.

Every day of the school year SAS Staff face new challenges in the running of our public schools and the provision of the quality education which our children will need for life in the 21st century. They are

**PLEASE RESPECT THE
HEALTH CARE NEEDS OF
OUR STUDENTS BY NOT
PACKING EGGS, PEANUTS
or PRODUCTS CONTAINING
PEANUTS IN YOUR CHILD’S
LUNCHBOX!**



constantly adapting to change so that our children can have the best education possible.

Our Berkeley West SAS Staff are a dedicated group of professional workers who are sometimes overlooked in the school setting. Recognition Week gives our whole school the opportunity to demonstrate to SAS Staff that they are valued members of the school community.

SAS Staff at Berkeley West play a vital role in students’ learning by assisting teachers with implementing educational programs, maintaining records and assisting in producing newsletters, and maintaining the grounds to keep our school safe.

National Recognition Week reminds us to thank all our SAS staff for their hard work and dedication.

Thankyou BWPS SASS!

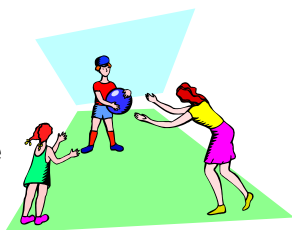
Southern Stars 2018- “Iconic”

The 2018 edition of Southern Stars was an eye catching spectacular which included our fantastic choir. The Illawarra’s and South Coast’s talented public school students once again rose to the occasion with our school choir an integral part of the Southern Stars Mass Choir. Congratulations to our choir students and special thanks to Mrs Friend and Miss James for giving the students the opportunity to shine! Thanks also to the mums and dads who ensured their children were present and on time for all the lead up rehearsals and

the big performances!

Ball Handling Skills

Research has shown that children who are well coordinated also have better academic skills in literacy and numeracy. Helping your children with their homework, home reading and other projects is something that becomes a natural part of the day for many families, but have you thought about developing their physical skills as well?



Getting out in the yard or the local park with your children and throwing a ball for 10-15 minutes a day can help to develop their hand-eye coordination, gross and fine motor skills as well as balance, fitness, agility and speed.

Your children will love the time spent with you and you can vary the activity each day to make sure that all family members have a turn at the activity they most enjoy. Try skipping races, throwing a frisbee, kicking a football or soccer ball, playing cricket, rounds of golf, throwing a beach ball, a vortex, a soft ball or a basketball and watch their skills and confidence grow daily. If you have limited space in your yard, try a game of squareball, handball or the old fashioned donkey. You will notice their developing skills and so will their teacher and their sports coach. Remember to have fun when you get out there and play with your children!

Welcome Miss Murray!

We welcome Miss Murray on board as the classroom teacher for KK for the remainder of 2018 whilst Miss Knowles takes maternity leave.

Confidence

Confidence is the full trust and belief in oneself, a self-reliance and assurance in one's abilities.

The 'litmus test' for the degree of confidence a student has can be tested by how they approach new challenges. Lack of confidence is one of the greatest barriers to successful learning. Children who lack confidence have yet to learn that:

- Making mistakes is an essential part of learning.
- Important people love us for who we are, not for what we can do.
- We all have many skills that we have not yet discovered.



Being successful means doing your best, not being better than other people.

Listed below are some ways in which you can help your child to become more confident, and therefore more successful as a learner:

- Be excited and interested in their achievements, no matter how small.
- Build on any special strengths with praise and new opportunities.

- Ensure that your children feel safe and supported in taking risks. Every child needs to learn that it is fine to make mistakes and that trying and not succeeding straight away is part of learning.
- Take a child's interests and activities seriously. Let them see that their experiences are valuable.
- Ensure all challenges are realistic. Nothing succeeds like success and the more success children have the more confidence they bring to any new challenges.

Carefully consider the place of competition in the life of the child. Despite what some people think, an individual's success in life, in the things that matter, does not depend on being faster, stronger or smarter than other people. Success is about doing your best and being proud of yourself.

"If you think you can or if you think you can't, you're right either way." Henry Ford

Principal's Award

Congratulations to Angus W for receiving the Principal's Award this week for consistently being respectful, responsible and safe at school. As well as his certificate, Angus will enjoy a \$3.00 food voucher to spend at the canteen. He also got to sit on stage at the next school assembly.



Awesome effort Angus!

Student Assistance

If you require assistance meeting expenses related to your child's education e.g. excursions or uniforms, you are welcome to call the school and ask to speak with the Principal Mr Attard.

"Berkeley West Paint and Play" Playgroup

A **free** playgroup for children 0-5 years and their parents/carers is open **every Friday morning** during school term from 9.00-10.45am at Berkeley West Public School in the preschool room. Absolutely free! All welcome! See you and your kids there!

Call 4272 1422 during school hours if you have any enquiries.

Attendance Cup!

Well done to KK for taking out the Attendance Cup over the last two school weeks! Well done also to most of our students who are currently in the "94 Club" with attendance of at least 94% this term. Many students will soon receive another GAS (Great Attendance at School) award from their teachers for their attendance.



Can your class win the cup next week? Do your bit, be at school every day!

Starting Kindergarten 2019

Our school is now taking kindergarten enrolments for 2019! So far we already have 23 students showing an interest for "big school" next year!

If you have a child starting kindergarten next year, or know someone with a child starting kinder next year, please come to our school and pick up an enrolment form. Forms can either be completed at school or taken home and dropped off later. The important thing is that we know about new students so that their parents can be kept informed about upcoming orientation events which begin next term!

Things you can do the night before

No matter how organised you may be, sometimes things just don't go to plan.

Some mornings children (and parents!) move a little slower or may not cooperate as much as usual. To ease the morning rush, why not prepare a few things the night before.

- Iron clothes.
- Have your child's clothes, shoes and socks laid out.
- Prepare your child's lunch and pop it in the fridge.
- Help your child to pack their school bag.
- Keep brushes, combs and hair bands in a regular place.

Thankyou P&C!

Thanks again to the BWPS P&C for sponsoring our mass choir's involvement in Southern Stars again by providing them with something to eat and drink on performance night! We really appreciate all you do for us!

P&C Meeting– School Pant Options for Girls

At the BWPS P&C meeting at 9.15am next Tuesday 18 September, parents who come along will have an opportunity to see the possible pants options we are thinking of making available for our girls to wear. Come along and give the P&C your feedback!

Parents Visiting School During School Hours

A reminder that all visitors, including parents and older siblings, must report to the school office upon arrival if wishing to collect a student or to approach classrooms. For safety and security reasons, a visitor's pass should be collected from the front office before proceeding to rooms.

P&C meetings, regular school assemblies and advertised school open days are exceptions when a visitor's pass is not required.

If presenting at a classroom without a visitor's pass, you will be asked by your child's teacher to report to the office first. Ongoing failure to comply with this request may result in your access into the school grounds being restricted in the future.

If possible, parents are also asked to make medical and other appointments for their children outside of school hours to minimise disruption to their child's continuity of learning.

In and out of the car

To comply with national child restraint laws, your child should be restrained in the car as follows:

0 – 6 months

Approved rearward-facing child car seat

6 months – 4 years

Approved rearward-facing or forward-facing child car seat

4 – 7+ years

Approved forward-facing child car seat or booster seat.

- Make a rule that every child passenger must be securely buckled into a seatbelt or child car seat before you start the car.
 - A sleeping child must remain firmly buckled up while the car is in motion.
 - Reward your child with lots of praise for good road safety behaviour.
 - Assist your young child to buckle up – always check the buckle and make sure the belt is not twisted.
 - Ensure your children always get in and out of the car through the 'safety door'. This is the rear kerb side door of the car.
 - Never allow children to get out of the car on the traffic side.
 - When possible, children should remain in the car until an adult opens the 'safety door'. This helps ensure that children get out of the car safely.
 - Children aged between four and seven years cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in a child car seat.
 - A child that is properly secured in an approved child car seat is less likely to be killed or injured in a car crash than one who is not.
 - NEVER leave a child of any age in a vehicle without supervision. A small child may rapidly suffer from dehydration, heat exhaustion and consequent organ failure. Older children could play games that may lead to danger.
- ### **Walking together to and from school**
- Plan your trip to school so you use pedestrian crossings where possible.
 - Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
 - Drop off and pick up your child near the school gate and avoid calling them from across the road.
 - Talk with your children about Stop, Look, Listen

and Think every time they cross the road.

- STOP! one step back from the kerb.
- LOOK! for traffic to your right left and right again.
- LISTEN! for the sounds of approaching traffic.
- THINK! whether it is safe to cross.

Young children can learn these safe pedestrian habits from you and continue them later on when they are old enough to travel alone.

Keep brains ticking over these holidays

If your child is working on a personal project or a school assignment these school holidays (or you want to make use of the break for a little revision), don't forget www.SchoolAtoZ.com.au has lots of information and fact sheets to help with homework.

Win a \$20 lunch voucher for your child!!!

Take a couple of minutes to complete the "Tell Them From Me" Semester 2 parent feedback survey, and be entered into the draw to possibly win one of three \$20 canteen vouchers for your child to spend at the school canteen!

Jump online and complete the survey at-

<https://nsw.tellthemfromme.com/xgx4q>

On completion of the survey you can enter your name into the draw by entering your details at-

<https://goo.gl/forms/Uga6oalKOytue4gB2>

Prize winners will be drawn at the whole school assembly on Wednesday 24 October.

Head Lice

The facts

- head lice are one of the most commonly reported health complaints from parents and teachers
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via direct contact with the hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments

Tips for parents in reducing the spread of head lice

As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- regularly check your children's hair
- teach older children to check their own hair
- tie back and braid long hair

- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

What you can expect from your school

Advice from NSW Health indicates that there is no need for students to be sent home or excluded from school because of head lice.

Observing students scratching their heads is not a reliable or efficient means of assessing head lice prevalence in the school.

Where one student has head lice this serves as a warning light that there is likely to be an infestation in either specific classes or across the whole school population, including staff.

The school will send a letter home to parents when infestations of head lice occur and request that parents examine their child's hair and undertake treatment where eggs or lice are identified

Schools also provide information about head lice infestations and treatment for parents (for example, through school newsletters).

Schools will also encourage students to avoid head to head contact in group activities as far as possible.

In rare cases, where students are experiencing a chronic head lice infestation, the school, parents and the local community may need to work together to treat the infestation.

Berkeley West Public School is raising funds. Here's how you can help....



Help us raise funds for the Year 6 Farewell by buying an Entertainment Membership, and you can enjoy value the whole family will love these school holidays. You'll receive hundreds of valuable offers to keep the kids 'entertained' and help our fundraising at the same time. PLUS, order now and receive FREE delivery to any address in Australia

Class	Student of the Fortnight	Reason
KG	Lucy Honeybrook	For continuous effort in reading and writing.
KK	Tori Williamson	For her excellent application and achievement in writing
K/1H	Cruze Lane	For improved behaviour.
1/2J	Alistair Vongkhaophet	For improvement in reading and writing and trying really hard to stay focused on his work.
2/3S	Cooper Carfray	For always displaying a positive attitude towards all his learning.
3/4F	Joshua Bright	For improved concentration when working independently
3/4DL	Callie Bright	Excellent procedural text.
5/6G	Rhylie Glennan	For his ability to work respectfully and collaboratively with his peers
5/6H	Jackson Walton	For being a respectful, responsible student.

Stage 2 Excursion to Minnamurra Rainforest

On Tuesday 28 August, Stage 2 students went on an excursion to Minnamurra Rainforest. The excursion was to complement our Geography Unit, Australian Landscapes. There were two rangers who placed us into two groups. There were two very interesting activities to complete. For one activity we were given dibber sticks and magnifying glasses so we could sort through the dirt to find little critters that like to live in those conditions in the rainforest. In the other activity, we could sort through leaf litter to find all sorts of different leaves. The ranger taught us the impact leaves have on the rainforest ecosystem. Finally, in this activity, we were given colour chips and were asked to colour code all the leaves. The colours ranged from yellow, brown, all sorts of green and bright red. Our next activity was to walk with the rangers along the boardwalk to study all the trees, ferns, vines, birdlife, wildlife and landforms. The strangler fig was very popular. Some students thought the Liana vines were lazy because they dangled all over the trees and sprawled all over the ground. Sadly we only saw a few lyrebirds and a water dragon that was sunning itself on a huge rock. The drought has affected the rainforest so that is why we did not see many animals. Most importantly, we learnt about the canopy of a rainforest, the emergent trees and the understory. This week, some students completed an Information Report on Minnamurra Rainforest. It was a great excursion and we all agreed that it was a great place to visit and we would definatly go back there one day..

Regards

Stage 2 students from 2/3S(3), 3/4DL and 3/4F



What's On at your local high school Illawarra Sports High



A very successful Southern Stars show at the WEC with our talented students performing along with other Illawarra schools



Café-ish and fundraiser on Friday to raise funds for the McGrath Foundation



Tai Simon at the Jakaki Invitational

2/3S - "What's Happening"

What's been happening in 2/3S!

Hi this is Amelia, Bella and Candee and we are going to tell you what 2/3S has been learning about this term. We have been researching Australian animals and have been learning how to make a PowerPoint presentation on our animal. In STEM we have worked together to design castles which we will make out of cardboard. In maths we have really enjoyed learning about fractions, and in History we are learning about local aboriginal culture. We are having a great term! Amelia, Candee and Bella.

Just Kick It! afternoon at school

Fathering Project

Dads, Carers, Uncles, Older Brothers!
Come along after school next Thursday 20/9 at 3.15pm for some fun with your child/ren. We're having some fun together kicking some balls and having a snack. So, put your sons and daughters first and come have some fun with them!



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Parent Library Opening Hours

Week	Monday with K/1H and 5/6G	Tuesday 2 nd Half Lunch	Wednesday After School Assembly
9	Infants Excursion- Library Closed 17/9/2018	11:30-11:50pm 18/9/2018	
10	2:30-3:00pm 24/9/2018	11:30-11:50pm 25/9/2018	3:00-3:15pm 26/9/2018

Please note during opening hours Parents/caregivers are encouraged to borrow with their child.



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to help your child manage their emotions and behaviour!

Berkeley West Public School together with Southern Youth and Family Services
invite you to attend a three-week program for parents and carers
at Berkeley West Public School
9am – 11:30am

Dates to be confirmed. Please register your interest.

This course is free!
Light refreshments provided

Learn to:

- ✓ Understand your child's development
- ✓ Explore the link between your child's emotion and behaviour
- ✓ Handle challenging and testing behaviours
- ✓ Choose your strategy for responding to your child
- ✓ Use emotion coaching to help your child understand and manage their emotions
- ✓ Encourage positive behaviour

To register your interest or for more information please contact
Stephanie Costa on 4228 4383 or 0400 499 234

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au