



BERKELEY WEST PUBLIC SCHOOL

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Nolan St, Berkeley 2506
P.O. Box 56 Berkeley
Principal: Mr A. Attard

Issue #11 - 1 August, 2018

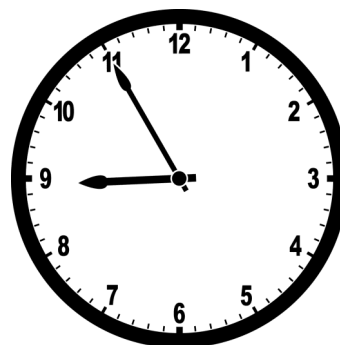
From The Principal's Desk

Upcoming Events

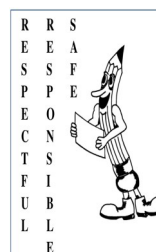
- Wed 1 Aug-** 2.10pm - Whole school assembly- all welcome
- Mon 30 July -
Fri 3 August** School Dentist visiting this week
- Mon 6 Aug-** Education Week Open Day– see separate note sent home from school for activities taking place during the day
- Fri 10 Aug-** District athletics carnival for selected students– permission note req'd
- Tues 14 Aug-** Community of Schools Public Speaking Challenge at Illawarra Sports High– selected students only
- Wed 15 Aug-** 2.10pm - Whole school assembly- all welcome
- Fri 17 Aug-** PSSA interschool sport for selected and eligible Yr 3-6 students who have returned permission notes (sent home soon)
- Tues 21 Aug-** 9.15am P&C meeting in school community room (very brief!)– all welcome– child friendly!

Book Week Parade in K-2 playground area– students come dressed as their favourite book character- all welcome to come along and watch-
11.00am P&C sausage sizzle
12.10pm Book Week Parade begins
- Thurs 23 Aug-** P&C Father's Day Mufti day– student may be out of uniform today in exchange for a gold coin to support the upcoming Father's Day stall
- Fri 24 Aug-** Southern Stars choir rehearsal today at WIN Entertainment Centre

PSSA interschool sport for selected and eligible Yr 3-6 students who have returned permission notes
- Mon 27 Aug-** P&C Father's Day stall– students able to purchase a gift for dad, or someone like a dad, from the stall being held at school today– gifts from \$1- \$6



**PLEASE RESPECT
THE HEALTH CARE
NEEDS OF OUR
STUDENTS BY NOT
PACKING PEANUTS
or PRODUCTS
CONTAINING**



Changes to School Uniform Policy and associated guidelines

The NSW Department of Education has revised the School Uniform Policy and associated guidelines following an extensive review and consultation process, including with the NSW Parents and Citizens Association. The revised School Uniform Policy requirements include that:

- all students have the opportunity to access the full range of school activities, including physical activities while wearing a school uniform
- girls must have the option to wear shorts and pants
- consideration is given to cost and how to assist families, including for schools to inform parents how they can access financial support to purchase school uniform items.

Where changes are required to a school's uniform, there must be formal consultation with students, teachers and other staff, parents or carers, and the school community (including the Parents and Citizens' Association). Parents and carers should be given up to 3 years to comply with any changes.

Our school expects students to wear their uniform during school hours, while travelling to and from school and when engaged in school activities out of school hours. **The P&C will be reviewing the revised School Uniform Policy and associated guidelines at the P&C meeting at 9.15am on 18 September in the school community room.**

We hope that you can attend the P&C meeting to support our school in ensuring we meet the requirements of the revised School Uniform Policy. When all students wear our school uniform their personal safety is enhanced and a sense of belonging to our school community is created. A positive school identity is also promoted in our local community.

For queries contact Mr Attard on 4271 1478.

The Tell Them From Me student feedback survey

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a *Tell Them From Me* student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 27 August and 26 October. Participating in the survey is entirely voluntary.

If you **do not** want your child or children to participate, please send Mr Attard an email asking that your Year 4-6 child be withdrawn the form to school by **Friday 24 August**.

andrew.attard@det.nsw.edu.au

The Berkeley West Public School App!

Great News! Our school has a FREE mobile phone app and tablet app! little application that sits on your Download it to your smartphone by going to either the Apple App Store or Android Google Play Market and search for **Berkeley West Public School**. Once you have found it, press install or download. If you don't have a smartphone or tablet, you can go to the following website and use the app on your computer- <http://apps.activemobileapps.com/html5/?appcode=BerkeleyWPS>

If your clever enough, you can even scan the Apple or

Android QR code below on your smart phone to get the app downloaded even faster! (you may need to download a QR code reader app first to scan them.



“Pupil Free” Staff Development Day

During the staff development day (“Pupil Free day”) recently, Berkeley West teaching staff completed a number of training activities. The majority of the day focused on developing teachers’ understanding on how they can best build student number capacity in regard to multiplicative thinking. Teachers also were given an introduction to the new SCOUT data reports system they now have access to. SCOUT is a cloud-based application that allows teachers to review school and student performance in NAPLAN as well as information relating to the profile of the school community to assist in school planning and programming.

Principal’s Award

Congratulations to William D for receiving the Principal’s Award this week for being a respectful, responsible and safe student at school. As well as his certificate, William will enjoy a \$3.00 food voucher to spend at the canteen and he got to sit on stage at today’s school assembly.



Wonderful work William!

Meeting deadlines

This term especially, all parents or carers are being asked to be extra vigilant in making sure that any permission notes or requests for payment, are made **on or before the due dates** for the activity taking place. This primarily includes in-school events or excursion out of school to support the learning of your child. Check with your child everyday to see if any notes or newsletters have come home from school so that you are aware of what’s happening, particularly this term.....there’s lots!!!

Education Week- Win a \$100 Uniform Voucher!

On Monday 6 August, our school is inviting parents in to celebrate our Education Week Open Day. During lunch (11.00-12.00pm) on the day, parents may visit the computer room to complete a short online survey which will give us some valuable information about how

you see our school going. Your answers to the survey will help us in our planning for 2019 and beyond. The online survey will be set up for you and you don't need any computer expertise to participate. A member of staff or a senior student will also be available to help if you require it. Simply click the answers on screen you think are best. This is a chance to have your say!

If you can't come on Monday 6 August, you can complete the brief online survey from your computer at home and still enter the draw. To enter the draw for a chance to win the \$100 uniform voucher, complete the online survey now at the link below and you leave your name at the end of the survey. The survey can be found at the following link-

<https://goo.gl/forms/YtHNuuORfC8eZYdC3>

Any mums or dads on the school's email list, or who have the Berkeley West PS app on their smartphones, have already been sent an email with a link to the survey, allowing them to do the survey from home. If you would like to join our school's email list it only takes 30 seconds! Join the list at-

<https://goo.gl/forms/w05UFkUCax1I+jW83>.

Please note there is one entry into the prize draw per family.

As you complete the survey, your name will be entered into the prize draw where two lucky winners will be drawn to receive a \$100 uniform voucher to spend at our school uniform shop. What a great prize to win for just a few minutes of your time!

The prize draw will take place at the whole school assembly on Wednesday 29 August. Good luck!

Internet Safety

Encourage and support your children with their use of the internet. Teach them to make the right decisions and increase the levels of responsibility as children get older. You can access information about internet safety through the Federal Government's Internet Safety Advisory Body – Cybersmart, via their comprehensive website at www.cybersmart.gov.au.

If you feel that your children have more knowledge and confidence than you when using the internet, you may be right. There are some simple ways of addressing this.

What you can do as a parent:

- Talk to your family about the importance of staying in safe sites online.
- Ensure that you have safety software installed on your computer; your internet service provider will be able to help you with this.
- Set up house rules for the use of the internet and, where possible, have the computer in view so that you can monitor its use.
- Check out safe sites for your children and bookmark them.
- Use filters to limit accidental access to unsuitable material.



- Limit email correspondence to a list of family and friends.
- Emphasise and discuss safe online behaviour.
- Investigate any chat rooms or online clubs that your child may want to use to ensure that they are legitimate.

Use family-friendly search engines designed for children.

The internet can be a great tool for research and fact-finding if used correctly. The best approach is to sit with your child and help them through the wealth of information which is available at their fingertips.

Maths Tip!

You can help your child at home by involving them in mathematical activities and talking to them about maths and its everyday use.

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Playing Shops

Play shops with your child using real coins. Help them put price tags on the objects in their shop. Limit prices to whole-coin values. Point out the markings on the coins. Older children may be able to work out change.

A great website to help kids with their maths is:

<http://www.curriculumsupport.education.nsw.gov.au/contmein/>

Physical Fitness

At Berkeley West Public School we value the promotion of an active lifestyle. All students are encouraged to participate in activities that get the heart racing as well as getting the body moving. Recent research has outlined that children are becoming less likely to be active, and together with an inappropriate diet, this can lead to weight issues, as well as a decrease in self-esteem and confidence. As teachers, we are aware of the importance of promoting both a healthy diet as well as an active lifestyle within our curriculum.

Our Physical Education program encourages students to participate in active sessions, working at their own level. Students are taught skills such as throwing, catching, kicking and are then provided with opportunities to practice and consolidate these. Skill sessions are balanced with games that promote the fun of being involved, as well as giving students a chance to put their new skills into practice. As students get older, the skills are linked to major games such as netball and cricket. Students then have the opportunity to participate in sport sessions where aspects such as team play and good sporting behaviour are promoted and enhanced.

At Berkeley West Public School we value the fact that all students are different. Not all of us will become elite sportspeople and be able to demonstrate flawless skills. Our



curriculum focuses upon the 'having a go' nature of active living, as well as setting your own personal goals to achieve.

As parents, it is important that you encourage your child to always participate in school events. By supporting their efforts and celebrating their own personal improvements or goals, you are assisting them to seek out an active lifestyle where they can succeed at their own level.

Student Assistance

If you require assistance meeting expenses related to your child's education e.g. excursions or uniforms, you are welcome to call the school and ask to speak with the Principal Mr Attard. You will be assisted! :)

"Berkeley West Paint and Play" Playgroup

A free playgroup for children 0-5 years and their parents/carers is open every Friday morning during school term from 9.00-10.45am at Berkeley West Public School in the preschool room. Absolutely free! All welcome! See you and your kids there!

Call 4272 1422 during school hours in you have any enquiries.

The "94 Club"!

Beginning this term, we are throwing down the challenge to all students to once again be in the "94 Club".

How do you join?

Well everyone is automatically a member! Any student that can attend school for at least 94% of this term is in! When all students returned from holidays this term they all started fresh back at 100%. Obviously each day away between now and the end of the term will detract from their score.

All students still members of the 94 Club in the last week of this term will receive a special award.

Of course everyone gets sick from time to time, but barring serious illness, everyone is capable of keeping their spot in the "94 Club".

Starting Kindergarten 2019

Our school is taking kindergarten enrolments for 2019! We already have the names of some very keen students ready to start "big school" next year!

If you have a child starting kindergarten next year, or know someone with a child starting kinder next year, please come to school and pick up an enrolment form. Forms can either be completed at school or taken home and dropped off later. The important thing is that we know about new students so that their parents can be kept informed about upcoming orientation events.

Head Lice

Tips for tackling kids head lice

- Use hair conditioner and a fine head lice comb.
- Apply conditioner to the hair and comb through with a wide-toothed comb to remove the tangles.
- Then use a fine metal lice comb to remove the lice

and pull the nits off the hair.

- The conditioner helps slow down the louse and makes it easier to comb out.

For more information on treating head lice go to the website
<http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>

Helping Your Child with Spelling and Reading (The Magic 200 Words)

In Term 2 we published the first 32 of the "Magic 200" words for students to practice reading and spelling, particularly grades K-2. Now it's time for the next 32! Did you know that around only 200 words make up, on average, over one half of all reading? Many of these words can't be sounded out and rely simply on practice, practice, practice! If your child can read and spell these words quickly and accurately, their enjoyment, confidence and success in reading and spelling tasks is greatly enhanced. Playing games like memory or match will make learning these words more enjoyable.

The next 32 to practice are-

| | | | |
|-------|-------|-------|--------|
| about | their | want | which |
| get | just | been | come |
| my | or | she | look |
| came | will | who | an |
| like | much | could | go |
| our | some | up | no |
| from | well | back | can |
| must | only | has | little |

Parents and Toddlers in the Playground

As mentioned in the school newsletter earlier in the year, parents and toddlers choosing to remain in school grounds after dropping off students at school in the morning until the 8.55am bell are asked to seat themselves on the seats along the edge of the primary playground. This is to ensure the safety of not only students whilst they play, but that of accompanying toddlers and parents themselves. Under no circumstances are toddlers to play in the playground with students or on the fixed play equipment.

Also, if you are arriving at school before 3.00pm to pick up your children, please arrange to wait and meet them at either the Nolan or Gallop Street pedestrian gates. Better still, come in and take a seat in the covered area outside the school canteen/hall. This is the best place to meet your child as it is shaded and dry in a central location within the school. It also means that students aren't distracted in classrooms by mum, dad or little siblings waiting outside the classroom. Additionally, students or teachers moving around the school mightn't know who you are and this raises child protection/security concerns that can be avoided.

Smoke Alarms

The following information is taken from the home smoke alarms fact sheet at the NSW Fire Brigades website at www.fire.nsw.gov.au

Fact

NSW legislation stipulates that residents must have at least one working smoke alarm (sometimes mistakenly referred to as “smoke detectors”) installed on each level of their home. This includes owner-occupied, rental properties, relocatable homes or any other residential building where people sleep.

Smoke alarms are life-saving devices that provide benefits for occupants. They detect smoke well before any sleeping occupant would and provide critical seconds to implement actions to save life and property.

Smoke alarms are designed to detect fire smoke and emit a loud and distinctive sound to alert occupants of potential danger.

The Building Legislation Amendment (Smoke Alarms) Act 2005 and the Environmental Planning and Assessment Amendment (Smoke Alarms) Regulation 2006 commenced in NSW on 1 May, 2006.

The legislation refers to residential accommodation across NSW and requires the installation of one or more smoke alarms in buildings in which people sleep, smoke alarms installed in such buildings must be operational, and people must not remove or interfere with the operation of smoke alarms installed in such buildings. A person who does not comply with the legislation is guilty of an offence (maximum penalty \$550).

These types of Residential accommodation require smoke alarms; detached houses, terrace houses, town houses, villa units (Class 1a buildings), apartments, home units, flats (Class 2 buildings) caretakers flats, single residences above shops (Class 4 parts of buildings), relocatable homes, eg manufactured homes and moveable dwellings, campervans, caravans but not tents or soft sided camper trailers.

Shared accommodation installation is also mandatory in small boarding houses, guest houses, hostels; backpackers accommodation; bed and breakfast accommodation (Class 1b buildings), large boarding houses, guest houses, hostels, backpacker accommodation; residential parts of hotels, motels, schools, health care buildings, detention centres; certain residential accommodation for the aged, children and people with disabilities (Class 3 buildings) and hospitals and nursing homes (Class 9a health care buildings).

If you answered yes to any of the above, then you must have a minimum of one working smoke alarm on each level of your building.

Any alarms installed after 1 May 2006 must comply with AS3786.

Avoid danger when using heaters this winter

The Children’s Hospital at Westmead recommends

these top tips to help your children avoid burns, falls and electrocution:

- Make sure your heater meets Australian standards
- Use a guard
- Keep your heater on a level floor surface
- Ensure your heater isn’t blocking any exits or high traffic areas
- Do not dry clothing items by placing them over an electric heater.
- Ensure you install and maintain at least one smoke detector on each floor of your home.

School Email List

If you would like to be included on the school’s email list to receive any school news coming up, go to <https://goo.gl/forms/w05UFkUCax1ItjW83> to add your name to the list.

Flu season is here!

Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

- Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.
- Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.
- Wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hands cleaners are also effective.

Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness.

The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit’s [vaccination page](#).

Crunch & Sip- Winter fruits

Students have crunched their way through the delicious nectarines, peaches and grapes of summer, and are now looking forward to the fresh, crisp apples and juicy oranges available in winter.

However, large pieces of fruit can be difficult for small children to manage, especially with wiggly teeth! On top of this, it takes small children a long time to eat a large apple, orange or pear and they can be quite messy, especially if they’re fresh and juicy.

Now that the delicious winter fruit is available, try and choose small to medium pieces of fruit to send for Crunch & Sip. Or you could chop up a large piece into smaller, more manageable pieces for your child to enjoy.

| Class | Student of the Fortnight | Reason |
|-------|---------------------------|--|
| KG | Kairoh Mundine | For improved attendance |
| KK | Cailyn Springhetti-Sharpe | For always being a respectful, responsible and safe student. |
| K/1H | Kaedan Matthews | For improvement in reading |
| 1/2J | Layla Ghannumi | For spending time in her holidays to practise and memorize her speech for the competition. |
| 2/3S | Erik Sefton | For demonstrating a positive attitude in all his learning. |
| 3/4F | Ethan Weston | For his continued commitment and focus on improving in all learning areas. |
| 3/4DL | Ace Treuen | Enthusiastically participating in all Key Learning Areas. |
| 5/6G | Mohamad Aswad | For his dedication towards his learning. |
| 5/6H | Natalya Milkovic | For her problem solving discussion contributions in mathematics. |

SRC News

The SRC team and Mrs Duncan will be holding a Crazy Hair - Doing Things Together Day in week three on Wednesday 8th of August. This day has been organised so that we can raise money for the Cystic Fibrosis Foundation. Students are asked to give a gold coin donation to help this wonderful cause.

In Terms three and four, the SRC team will be collecting all classroom paper and cardboard for recycling. The team will also collect Crunch and Sip waste so that it can be composted.

Regards

Mrs Duncan and the SRC Team.



Read with Me Club 2018

Welcome to the Read With Me Club for Term 3. Congratulations to the following students who are reading their way to the 300 Club!

| Read With Me 50 Club | Class |
|-----------------------------|-------|
| Dakodah Fuller | KG |
| Sienna Fuller | 1/2J |
| Alex Fuller | 2/3S |
| Peyton Fuller Izach Rees | 3/4F |
| Liam Rodriguez | 5/6G |
| Natalya Milkovic | 5/6H |

| Read With Me 75 Club | Class |
|--------------------------------|-------|
| Amelia Cooper Levi Morrison | KG |
| Taliyah Morrison | 3/4DL |

| Read With Me 100 Club | Class |
|---------------------------------|-------|
| Aseel Ambarek Savannah Smith | KK |
| Mike Saengsuwan | 1/2J |
| Jaryck Smith | 2/3S |

| Read With Me 150 Club | Class |
|---|-------|
| Bailee Ashfield | KG |
| Kate Courtin Benjamin Moon Tori Williamson | KK |
| Brenna Davis Mimi Papandrea | K/1H |
| Phoenix Forster | 1/2J |
| Bella Marskell Amelia Mitchell Erik Sefton Harley Williamson | 2/3S |
| Lachlan Magnee | 3/4DL |
| Martin Stupka | 3/4F |
| Hana Stupka | 5/6G |
| Isabella Anderson Nelson Maltby Cooper Matthews Erin Papandrea | 5/6H |



Entertainment Book

Don't forget that you can purchase your Entertainment Membership through us and help our fundraising at the same time! For a limited time, free shipping is available which means you can receive all of your favourite dining, travel and leisure offers delivered right to your door! Make sure you order now so that you don't miss out on your exclusive Entertainment Membership: www.entbook.com.au/28p1536



Help BWPS support a Fairer Funding model for our Public Schools. Head to - http://www.fairfundingnow.org.au/take_action to show your support and to take action. Contact Miss Gabriel if you have any questions about the Fair Funding campaign and what it means for Public Education.

Attention Parent Library Members Can't make it to our school libraryRequest a parent library Pack.

Simply send in a request of the book you would like to borrow or books your child would like to borrow.

How to request a parent library pack every - Tuesday

- Write your child's name and class on an envelope
- Add your request to the envelope - eg: Parent Library book
- Child's choice (4 books)
- Place it in the drop box.

Parent Library Opening Hours

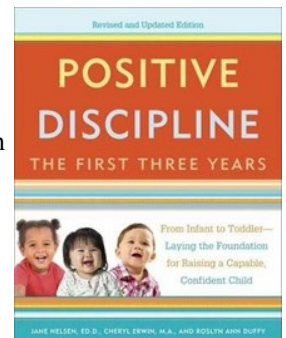
| Week | Monday with K/1H and 5/6 | Tuesday 2 nd Half Lunch | Wednesday After School Assembly |
|------|--|---------------------------------------|--|
| 2 | 2:30-3:00pm 30/7/2018 | 11:30-11:50pm 31/7/2018 | 3:00-3:15pm 1/8/2018 |
| 3 | 2:30-3:00pm 6/8/2018 | 11:30-11:50pm 7/8/2018 | |
| 4 | 2:30-3:00pm 13/8/2018 | 11:30-11:50pm 14/8/2018 | 3:00-3:15pm 15/8/2018 |
| 5 | 2:30-3:00pm 20/8/2018 | 11:30-11:50pm 21/8/2018 | |
| 6 | 2:30-3:00pm 27/8/2018 | 11:30-11:50pm 28/8/2018 | 3:00-3:15pm 29/8/2018 |
| 7 | 2:30-3:00pm 3/9/2018 | 11:30-11:50pm 4/9/2018 | |
| 8 | 2:30-3:00pm 10/9/2018 | 11:30-11:50pm 11/9/2018 | K/1H Assembly Item- Library Closed |
| 9 | Infants Excursion- Library Closed 17/9/2018 | 11:30-11:50pm 18/9/2018 | |
| 10 | 2:30-3:00pm 24/9/2018 | 11:30-11:50pm 25/9/2018 | 3:00-3:15pm 26/9/2018 |

Please note during opening hours Parents/Caregivers are encouraged to borrow with their child.

Parent Library Fortnightly Feature Book - Positive Discipline

By (author) Jane Nelson
The celebrated Positive Discipline brand of parenting books presents the revised and updated third edition of their readable and practical guide to communicating boundaries to very young children and solving early discipline problems to set children up for success.

Over the years millions of parents have used the amazingly effective strategies of Positive Discipline to raise happy, well-behaved, and successful children. Research has shown that the first three years in a child's life are a critical moment in their development, and that behaviour patterns instilled during that time can have profound implications for the rest of a child's life. Hundreds of thousands of parents have already used the advice in Positive Discipline: The First Three Years to help set effective boundaries, forge strong foundations for healthy communication, and lay the groundwork for happy and respectful relationships with their young children. Now this classic title has been revised and updated to reflect the latest neuroscientific research and developments in positive discipline parenting techniques.



BERKELEY WEST PLAYGROUP

Fridays 9.30am-11.00am

during school terms

Berkeley West Public School, Nolan St

(in the Preschool room)

A free playgroup for
parents and carers with
children 0-5

Please bring a piece of fruit
for morning tea

Enjoy free play, puzzles,
craft, pretend play,
construction and storytime

All Welcome

For more
information please
contact

Local Facilitator

Allison McKenzie

0448254779

Families at Farmborough
School Community Centre
A Schools as Community Centres Project



familiesnsw
supporting families to raise children

NSW Education & Communities



Saturday 11th August

Berkeley Sports FC 'Old Boys Day' and Junior Open Day

Join us for the last home game of the season
and to celebrate all that is football in the area.

Junior games kick off from 8.30am followed by
the Senior Men at 11.00am, 1.00pm and 3.00pm.
Berkeley Sports Ground

For any new families to the game, come along
watch our Juniors and have a chat to our committee
if you are interested in joining for next year.

berkeleyfootballclub@hotmail.com



HEALTHY CHANGES TO OUR CANTEEN

The NSW Healthy School Canteen Strategy is a joint initiative between the NSW Ministry of Health and the NSW Department of Education. The Strategy is all about giving students across NSW a taste for healthy foods and to make healthy choices easily available. Our school canteen is working towards achieving the strategy.

WHAT'S CHANGED?

- The new strategy places food and drinks into EVERYDAY and OCCASIONAL categories. This replaces the traffic light system of green, amber and red food and drinks.
- The new strategy requires the canteen to sell at least 75% EVERYDAY and no more than 25% OCCASIONAL food and drinks.

WHAT YOU MAY NOTICE

- Promotion of healthy food and drink options
 - Menu changes
 - Portion size review
 - Sugary drinks not to be sold
 - No Red days

Continue to support our canteen as we work towards making the changes.

More information:

www.healthyschoolcanteens.nsw.gov.au

NSW Health
Illawarra Shoalhaven
Local Health District



What's On at your local high school Illawarra Sports High

Sandy Fussell a local author of novel series 'Samurai Kids', kindly donated her time to run a writing workshop for Stage 4 Elouera class. Teaching creative writing using Minecraft!



During the school holidays, Year 12 Visual Arts students attended workshops with Mrs Cracknell to work on their HSC Body of Work submissions.



Mr Hampton travelled to the Australian Schoolboy Championships on the Tweed Coast during the holidays to witness NSW defeat QLD 24-20.

Congratulations to Jalal Bazzaz who has been chosen for the 2018 Australian Schoolboys Rugby League team.

