



BERKELEY WEST PUBLIC SCHOOL

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Nolan St, Berkeley 2506

P.O. Box 56 Berkeley

Principal: Mr A. Attard

9 September, 2020



From The Principal's Desk

Upcoming Events

Fri 25 Sept- Last day of Term 3 for students and teachers

Mon 12 Oct- All students and teachers return to school for the start of Term 4

Online Enrolment Project

We are excited to announce we will be rolling out the new Online Enrolment System from Monday, 14 September 2020.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found at our school website.

Starting Kindergarten 2021

Our school is now taking kindergarten enrolments for 2021! So far we already have over 20 students showing an interest for "big school" next year!

If you have a child starting kindergarten next year, or know someone with a child starting kinder next year, please let them know about the online enrolment process (above) or ask them to come to school and pick up an enrolment form.

It is important we know about new students so that their parents can be kept informed about upcoming orientation information going out soon.

Win one of five \$20 BWPS canteen vouchers for your child!

Don't forget, all parents are now able to provide further feedback in another short survey and be in the running to win one of five BWPS school canteen vouchers.

**PLEASE RESPECT THE
HEALTH CARE NEEDS OF
OUR STUDENTS BY NOT
PACKING EGGS, PEANUTS
or PRODUCTS CONTAINING
PEANUTS IN YOUR CHILD'S
LUNCHBOX!**



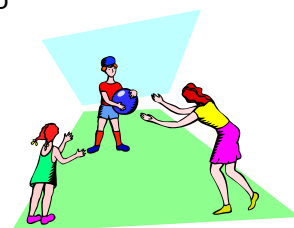
Simply complete the 'Tell Them From Me' survey before the end of this term using the link below-

<http://nsw.tellthemfromme.com/bwpsparent>

Prize winners will be drawn at the whole school virtual assembly mid-term 4.

Ball Handling Skills

Research has shown that children who are well coordinated also have better academic skills in literacy and numeracy. Helping your children with their homework, home reading and other projects is something that becomes a natural part of the day for many families, but have you thought about developing their physical skills as well? Getting out in the yard or the local park with your children and throwing a ball for 10-15 minutes a day can help to develop their hand-eye coordination, gross and fine motor skills as well as balance, fitness, agility and speed.



Your children will love the time spent with you and you can vary the activity each day to make sure that all family members have a turn at the activity they most enjoy. Try skipping races, throwing a frisbee, kicking a football or soccer ball, playing cricket, rounds of golf, throwing a beach ball, a vortex, a soft ball or a basketball and watch their skills and confidence grow daily. If you

have limited space in your yard, try a game of squareball, handball or the old fashioned donkey. You will notice their developing skills and so will their teacher and their sports coach. Remember to have fun when you get out there and play with your children!

Confidence

Confidence is the full trust and belief in oneself, a self-reliance and assurance in one's abilities. The 'litmus test' for the degree of confidence a student has can be tested by how they approach new challenges. Lack of confidence is one of the greatest barriers to successful learning. Children who lack confidence have yet to learn that:

- Making mistakes is an essential part of learning.
- Important people love us for who we are, not for what we can do.
- We all have many skills that we have not yet discovered.

Being successful means doing your best, not being better than other people.

Listed below are some ways in which you can help your child to become more confident, and therefore more successful as a learner:

- Be excited and interested in their achievements, no matter how small.
- Build on any special strengths with praise and new opportunities.
- Ensure that your children feel safe and supported in taking risks. Every child needs to learn that it is fine to make mistakes and that trying and not succeeding straight away is part of learning.
- Take a child's interests and activities seriously. Let them see that their experiences are valuable.
- Ensure all challenges are realistic. Nothing succeeds like success and the more success children have the more confidence they bring to any new challenges.



Carefully consider the place of competition in the life of the child. Despite what some people think, an individual's success in life, in the things that matter, does not depend on being faster, stronger or smarter than other people. Success is about doing your best and being proud of yourself.

"If you think you can or if you think you can't, you're right either way." Henry Ford

Principal's Award

Congratulations to Brody G-S for receiving the Principal's Award this week for a great improvement in being respectful, responsible and safe at school. As well as his certificate, Brody will enjoy a \$4.00 food voucher to spend at the canteen. He also got to co-host today's virtual school assembly!

Well done Brody!



Student Assistance

If you require assistance meeting expenses related to your child's education e.g. excursions or uniforms, you are welcome to call the school and ask to speak with the Principal Mr Attard.

Berkeley West Supported Playgroup

Although our **free** playgroup for children 0-5 years and their parents/carers that is normally open every Friday morning during school term from 9.30-11.00am at Berkeley West Public School can't take place due to restrictions, you can still meet together outside the school grounds and go for a walk!!

Call 0448254779 if you have any enquiries.

Attendance Cup!

Well done to 2/3F & 2S for taking out the Attendance Cup over the last two school weeks! Well done also to most of our students who are currently in the "94 Club" with attendance of at least 94% this term. Many students will soon receive another GAS (Great Attendance at School) award from their teachers for their attendance.



Can your class win the cup next week? Do your bit, be at school every day!

Things you can do the night before

No matter how organised you may be, sometimes things just don't go to plan.

Some mornings children (and parents!) move a little slower or may not cooperate as much as usual. To ease the morning rush, why not prepare a few things the night before.

- Iron clothes.
- Have your child's clothes, shoes and socks laid out.
- Prepare your child's lunch and pop it in the fridge.
- Help your child to pack their school bag.
- Keep brushes, combs and hair bands in a regular place.

In and out of the car

To comply with national child restraint laws, your child should be restrained in the car as follows:

0 – 6 months

Approved rearward-facing child car seat

6 months – 4 years

Approved rearward-facing or forward-facing child car seat

4 – 7+ years

Approved forward-facing child car seat or booster seat.

- Make a rule that every child passenger must be securely buckled into a seatbelt or child car seat before you start the car.
- A sleeping child must remain firmly buckled up while the car is in motion.
- Reward your child with lots of praise for good road

safety behaviour.

- Assist your young child to buckle up – always check the buckle and make sure the belt is not twisted.
- Ensure your children always get in and out of the car through the 'safety door'. This is the rear kerb side door of the car.
- Never allow children to get out of the car on the traffic side.
- When possible, children should remain in the car until an adult opens the 'safety door'. This helps ensure that children get out of the car safely.
- Children aged between four and seven years cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in a child car seat.
- A child that is properly secured in an approved child car seat is less likely to be killed or injured in a car crash than one who is not.
- NEVER leave a child of any age in a vehicle without supervision. A small child may rapidly suffer from dehydration, heat exhaustion and consequent organ failure. Older children could play games that may lead to danger.

Walking together to and from school

- Plan your trip to school so you use pedestrian crossings where possible.
- Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
- Drop off and pick up your child near the school gate and avoid calling them from across the road.
- Talk with your children about Stop, Look, Listen and Think every time they cross the road.
- STOP! one step back from the kerb.
- LOOK! for traffic to your right left and right again.
- LISTEN! for the sounds of approaching traffic.
- THINK! whether it is safe to cross.

Young children can learn these safe pedestrian habits from you and continue them later on when they are old enough to travel alone.

Head Lice The facts

- head lice are one of the most commonly reported health complaints from parents and teachers
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via direct contact with the hair
- head lice do not survive long when they are off a human head

- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments

Tips for parents in reducing the spread of head lice

As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- regularly check your children's hair
- teach older children to check their own hair
- tie back and braid long hair
- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

What you can expect from your school

Advice from NSW Health indicates that there is no need for students to be sent home or excluded from school because of head lice.

Observing students scratching their heads is not a reliable or efficient means of assessing head lice prevalence in the school.

Where one student has head lice this serves as a warning light that there is likely to be an infestation in either specific classes or across the whole school population, including staff.

The school will send a letter home to parents when infestations of head lice occur and request that parents examine their child's hair and undertake treatment where eggs or lice are identified

Schools also provide information about head lice infestations and treatment for parents (for example, through school newsletters).

Schools will also encourage students to avoid head to head contact in group activities as far as possible.

In rare cases, where students are experiencing a chronic head lice infestation, the school, parents and the local community may need to work together to treat the infestation.

School Shades™



BWPS is a sun-safe school.

To protect the eye-health of our students, School Shades sunglasses are now available in 3 sizes, colour matched to our school uniform and labelled with our school name.

School Shades sunglasses are approved to the highest Australian UV standards and have shatterproof, poly-carbonate lenses.

Each set of tough, built-for-kids pair of sunglasses includes:

- an easy-to-use ID panel;
- a microfibre cloth; and
- a matching case with bag clip.

Sunglasses are \$5 per pair and may be purchased at the office.

Class	Student of the Fortnight	Reason
KJ	Travis Elliot	Improved effort and achievement in reading and writing.
K/1S	Jayden Muhigwe	Always being ready to listen and learn.
1/2C	Damian Rudowski	Using and explaining some great strategies in maths.
2S	Benjamin Moon	For a fantastic effort in all subjects.
2/3F	Taylan Cakmak	Improved attendance and participation in class activities.
3/4W	Dominic King	Very mature attitude to learning.
4/5B	Shayda Caffyn	For her positive attitude and application across all subjects and for consistently following our school values.
5/6H	Sienna Vongkhaophet	For wonderful descriptive narrative writing.
5/6LN	Montell Donovan	Consistent effort and application in all key learning areas.



Days missed = years lost

A day here and there doesn't seem like much, but...

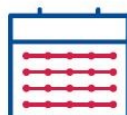
When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight

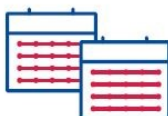
= **4** weeks



= Over **1** year missed

1 day per week

= **8** weeks



= Over **2.5** years missed

