



BERKELEY WEST PUBLIC SCHOOL

Telephone: (02) 4271 1478

Fax: (02) 4271 5334

Email: berkeleyw-p.school@det.nsw.edu.au

Website: <https://berkeleyw-p.schools.nsw.gov.au/>

Facebook: www.facebook.com.au/BWPS1

Nolan St, Berkeley 2506

P.O. Box 56 Berkeley

Principal: Mr A. Attard

September 15, 2021



From The Principal's Desk

Upcoming Events

Everyday- 9.15am Check-in Zoom everyday with Mr Attard– instructions and passcode to join the Zoom emailed to all students

Zoom link-
<https://nsweducation.zoom.us/j/64842412560>

Learning from home continues until further notice

Fri 17 September- 2.30pm Virtual School assembly on Zoom

Zoom link-
<https://nsweducation.zoom.us/j/64842412560>

Fri 17 Sept- Last day of Term 1 for all students

Mon 4 Oct- Public Holiday

Tues 5 Oct- Learning from home recommences for all students for Term 4

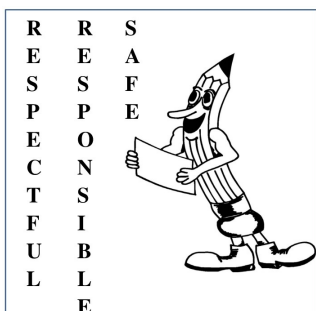
Mon 25 Oct- Staged return of students to face to face learning with **Kindergarten and Year 1 students only** returning from today

Mon 1 Nov- Staged return of students to face to face learning with **Year 2 and Year 6 students only** returning from today

Mon 8 Nov- Staged return of students to face to face learning with **Year 3, 4 and 5 students only** returning from today

Remember-School starts at 8.55am everyday!!!!

PLEASE RESPECT THE HEALTH CARE NEEDS OF OUR STUDENTS BY NOT PACKING PEANUTS or PEANUT PRODUCTS IN YOUR CHILD'S LUNCHBOX!



Our School Vision

“Providing quality teaching and learning in an environment of respect, responsibility and safety that will engage and motivate all students to learn, equipping them with the skills and knowledge for future success and wellbeing.”

SASS Recognition Week 2021!

Last week, Berkeley West Public School recognised National Recognition Week for all School Administrative and Support Staff (SASS). We appreciate the dedicated staff members who play an important part in ensuring the smooth running of our schools. Our Berkeley West PS SASS Team consists of Mrs Mackey, Mrs Cassar, Mrs Morgan, Mr Longden, Mrs King, Mrs Tait, Mrs Sakun and Mr Gaudiosi.

Every day of the school year SAS Staff face new challenges in the operation of our public schools and the provision of the quality education which our children will need for life in the 21st century. They are constantly adapting to change so that our children can have the best education possible. This year has once again been a particularly challenging one for them in terms of supporting our students and community during the pandemic.

Our Berkeley West SAS Staff are a dedicated group of professional workers who are sometimes overlooked in the school setting. Recognition Week gives our whole school the opportunity to demonstrate to SAS Staff that they are valued members of the school community.

SAS Staff at Berkeley West play a vital role in students' learning by assisting teachers with implementing educational programs, maintaining records and assisting in producing newsletters, and maintaining the grounds to keep our school safe.

National Recognition Week is a great time to thank all our SAS staff for their hard work and dedication this year.

Thankyou BWPS SASS!

School Holidays

This is the last school newsletter for this term. Learning from home breaks up this Friday 17 September. Remember we commence learning from home again for all students on **Tuesday 5 October**.

From **Monday 25 October**, students will return to face to face learning with NSW Health-approved COVID-safe settings on school sites **in the following order:**

- from Monday 25 October- Kindergarten and Year 1
- from Monday 1 November- Years 2, 6 and 11
- from Monday 8 November- Years 3, 4, 5, 7, 8, 9 and 10



We hope you and your family have a safe and relaxing spring break!

Starting Kindergarten 2022

Our school has been taking kindergarten enrolments for 2022! If you have a child starting kindergarten next year, or know someone with a child starting kinder next year, please let them know that they can ring the school to arrange collection of an enrolment form or complete an enrolment form online by visiting our school website enrolment page at-

<https://berkeleyw-p.schools.nsw.gov.au/about-our-school/enrolment.html>

The important thing is that you enrol your child so that we know about new students and can keep you informed about upcoming orientation events.

Principal's Award

Congratulations to Jaryck S for receiving the Principal's Award this week for his great work and attitude during the learning from home period. As well as his certificate, Jaryck will enjoy a \$4.00 food voucher to spend at the canteen and gets to turn on his camera at Friday's virtual assembly.



Great work Jaryck!!

School Uniform

I am a strong advocate for the wearing of school uniforms. Our uniform looks fantastic and we have received many positive comments about it. It is great that most of our students are able to wear their full uniform every day. There are enormous benefits for ensuring all students wear our full school uniform. These include:

- Defining our school identity.
- Developing within our students a sense of belonging to our school community.
- Provides an opportunity to build and enhance 'school spirit'.
- Promotes a sense of inclusiveness, non-discrimination and equal opportunity.
- Enhances the health and safety of students when involved in school activities and excursions.
- Promotes positive community perceptions of our school.
- Makes school clothing more affordable by eliminating the risk of peer pressure to wear current fashions and expensive clothes.

While we appreciate that there are times when children will be out of uniform, it appears we have a small number of students 'electing' not to wear their full uniform. If for any reason a child is not able to wear a

uniform, parents should provide a written explanation. We would appreciate it if children could wear appropriate clothing or preferably, clothes similar in colour to our uniform.

"Listening to Stories

Listening to stories is one of the greatest pleasures in a child's life. Not only is it an enjoyable experience, but a very valuable learning time. The physical closeness that comes from snuggling up with a book provides an opportunity to talk about the way books work and to learn new words in context, but also to develop a shared joy in the content of the book. Some things you can point out with your children are: the use of different fonts or text size to indicate emotion or volume; the use of a variety of words in place of 'said'; the use of punctuation throughout the story; the way the text tells a story but the illustrations help the reader to understand it.



During or after reading the story, ask your child to find: the page with the word '____' on it; the page with the most capital letters; a question mark or the most interesting spelling of a word. In this way, you are reinforcing what your child already knows about the way books work in a meaningful, but relaxing situation.

Research shows that children who are read to often, are better readers. Mem Fox, author of *Possum Magic*, says that children should have been read at least 3000 books before they begin formal schooling. That sounds like a lot of reading, but is actually about two a day. If you can't manage two, try to share at least one book with your child every day!

Sleep and School-aged Children (5-12 years)

Children aged five to 12 need 10-11 hours of sleep. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products – all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours.

Sleep problems and disorders are prevalent at this age. Poor or inadequate sleep can lead to mood swings, behavioural problems such as hyperactivity and cognitive problems that impact on their ability to learn in school.

Sleep Tips for School-aged Children

- Teach school-aged children about healthy sleep habits.
- Continue to emphasize need for regular and consistent sleep schedule and bedtime routine.
- Make child's bedroom conducive to sleep – dark, cool and quiet.

- Keep TV and computers out of the bedroom.
- Avoid caffeine.

Anaphylaxis

As highlighted in newsletters throughout the year, anaphylaxis is a severe allergic reaction to environmental triggers such as certain foods, bees stings etc. This condition is life threatening.

We have several students enrolled at our school suffering from a severe allergy (anaphylactic reaction) to egg, peanuts, other nuts and products containing nuts. The smallest contact with egg or peanuts will put the health of students at extreme risk.

To support our students, our canteen does not have egg or peanut products on the canteen menu. Parents are reminded to refrain from packing food items in their child’s lunch box that contain eggs or peanuts such as peanut butter as well as muesli bars and biscuits that contain nuts. It should be noted that the immediate danger not only comes from accidentally eating peanut products, but also from inadvertently touching or smelling traces of peanuts even in very small amounts. In the case of a severe reaction, our students must be injected with an EpiPen containing adrenalin within a matter of minutes. Once again we are relying on the goodwill of our entire school community to support our students. We trust that everyone will be more than willing to assist in this matter.

Quick Guide for Parents

This alphabetical index provides a list of common topics of inquiry. Let us guide you to the information most important to you.

Find out more: <https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers/quick-guide-for-parents>

COVID-19 Vaccination fact sheet for families

NSW Health know the facts – from the definition of the Delta variant stats and facts, this NSW Health fact sheet aims to dispel myths and answer common questions .

Advice for families can be found at-

<https://education.nsw.gov.au/covid-19/advice-for-families?deliveryName=DM18953>

Class	Student of the Fortnight	Reason
KJ	Georgia Sadler	Her positive attitude and outstanding effort towards home learning.
K/1F	Rhys Mahoney	Positive attitude towards all home learning activities and completing these to a very high standard.
1/2O	Travis Elliott	Positivity and consistent commitment to learning at home.
2/3F	Jackson Anderson	For his outstanding effort when completing all writing tasks during learning from home.
3MS	Levi Morrison	For his well structured and informative flow chart on how bees make honey.
4/5T	Liam Weston	For his ongoing dedication during remote learning and for his well structured explanation report on the frog life cycle.
5/6H	Alina Jones	Her ongoing positive encouragement towards others success, even during learning from home!
5/6LW	Taliyah King-Morrison	For her outstanding effort and commitment to learning.

HEALTHY FOODS & ACTIVE PLAY
are what growing bodies need

RIDE & WALK
 CRUNCH ON FRUIT & VEG
 PACK FRESH
 DRINK WATER
 GET MOVING
 SWITCH OFF

CLICK ON EACH TOPIC FOR MORE INFORMATION

There are programs available to help you and your child.

GO4FUN
HEALTHY ACTIVE HAPPY KIDS

A 10-week healthy lifestyle program for kids aged 7 to 13 years who are above a healthy weight. It runs each school term and is available online. Call 1800 780 900 or visit go4fun.com.au

get healthy
Information & Coaching Service

A free telephone health coaching service that provides the help and motivation you need to help reach your goals. Call 1300 806 258 or visit gethealthynsw.com.au

HEALTHY EATING ACTIVE LIVING

Healthy Living is about making small lifestyle changes that can make a big difference to your health. Visit healthyliving.nsw.gov.au

HEALTH PROMOTION
Barwara Shoobhan

The Health Promotion Service works with schools, early childhood services and community groups to improve your child's health and wellbeing. Visit ishd.health.nsw.gov.au

