



BERKELEY WEST PUBLIC SCHOOL

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Nolan St, Berkeley 2506
P.O. Box 56 Berkeley
Dharawal Country
Principal: Mr A. Attard

Wednesday 24 August, 2022



From The Principal's Desk

Upcoming Events

- Wed 24 Aug-** Southern Stars show week rehearsal
- Thurs 25 Aug-** Southern Stars show week rehearsal
- Fri 26 Aug-** 2.15pm Assembly in school hall– all welcome- **1/2O Class item pushed back until Term 4**

Southern Stars matinee performance– WIN Ent Centre

Southern Stars night performance– WIN Ent Centre
- Sat 27 Aug-** Southern Stars matinee performance– WIN Ent Centre

Southern Stars night performance– WIN Ent Centre
- Mon 29 Aug-** P&F Father's Day Mufti Day– students may be out of school uniform in exchange for a gold coin to support the upcoming P&F Father's Day stall
- Thurs 1 Sept-** P&F Father's Day stall at school– students will be able to buy dad a gift at the P&F Father's Day stall held at school– gifts from \$1-\$6
- Fri 2 Sept-** 9am-10.45am Free BWPS Playgroup commences in preschool room—all welcome.
- Mon 5 Sept-** 11.00am-1.40pm Education Week Open Day at school– program for the day sent home in this newsletter
- Tues 6 Sept-** Stage 2 Science excursion— permission note and payment required
- Fri 9 Sept-** 2.15pm Assembly in school hall– 5/6H & 5/6LW class item– all welcome
- Fri 16 Sept-** PSSA sports gala day– for Years 3-6 students who have nominated to participate– note and payment required

Principal's Award

Congratulations to Carlos N for receiving the Principal's Award this week for always being a respectful, responsible and safe student at school. Carlos will enjoy a \$4.00 food voucher to spend at the canteen and he will also get to sit on stage at this Friday's assembly.



Congratulations Carlos!

PLEASE RESPECT THE HEALTH CARE NEEDS OF OUR STUDENTS BY NOT PACKING EGGS, PEANUTS or PRODUCTS CONTAINING PEANUTS IN YOUR CHILD'S LUNCHBOX!



Win one of three \$100 school uniform vouchers– last chance!

Berkeley West Public School is committed to continuous improvement. Right now, families will be able to provide their feedback through a short school survey. You can submit your opinions with the click of the mouse or screen from home! Parents on the school email list will have the link for the survey automatically sent to them today. (Another good reason to get on the email list!).

Go to <https://forms.gle/Q4bx6iFJoavjFpLQ6>

to start the survey. You will be prompted at the end of the survey to submit your name to be entered into the draw to win one of three \$100 BWPS uniform vouchers!

The very brief survey only takes a matter of minutes to complete. The surveys seek feedback on a number of school management areas as well as curriculum. The school will use this feedback by parents, students and staff to make continuous improvements at Berkeley West Public School.

Everyone who completes the survey goes into the draw to possibly win one of three \$100 uniform vouchers we are giving away to spend at our uniform shop!

Winners will be announced at the whole school assembly this Friday 26 August.

Writing for a Purpose

Writing for a purpose gives writing a whole new perspective. Imagine if you were asked to write for 20 minutes with no guidelines as to the topic, who was going to read it, or what you had to do with it when it was finished. This may remind you of your school days when you had to write a composition or essay for assessment and had it handed back to you with a mark out of ten based on how neat the handwriting was and how many spelling mistakes you made!



Our main focus in the teaching of writing is on being able to express our ideas and being able to share them with others. Children are shown a variety of writing styles from narratives (stories and retells), expositions (persuasive texts), information reports, procedural (recipes or instructions), greetings (cards or letters), lists, invitations, posters and explanations.

After having a particular style of writing modelled for them, they move into individual writing time where they decide the purpose and audience for their own writing. They experiment with writing materials, with words and sounds, and with the language. Some pieces of work are published and used in the classroom as reading material. In many classrooms the walls are covered with student publications. It is important for writers to have a purpose for their writing, so you may see many student produced signs or lists hanging in the classrooms.

Take a walk around the school and see how much student writing is on display.

Maths Tip!

You can help your child at home by involving them in mathematical activities and talking to them about maths and its everyday use.

Toss a Coin

Go for a walk just for fun. When you reach a corner toss a coin. If the coin comes up heads, turn right; if the coin comes up tails, turn left. Where did you end up? Throw the coin at the next corner. Draw a map as you go, so that you don't get lost!

Being a Good Friend

Friendship is defined as the caring relationship which exists between two or more people. Having friends is important to everyone, so helping your child to develop skills in establishing good friendships is an important parental role; one which is supported at school. Much is said about the traditional 'three R's' in education, but there are really 'four R's' and the fourth 'R' is relationships. School is about learning to live as a community member, and relationships and friendships are the glue that keeps communities together.



Here are some ideas and advice for developing healthy friendships:

- Be honest and truthful.
- Be there when your friend needs you; be helpful.

- Respect people's feelings and belongings.
- Share your feelings and be a good listener.
- Be kind and caring.
- Invite people to join in your games and activities.
- Never talk about people when they are not there.
- Always keep your promises.
- Be prepared to forgive and forget; it is human to make mistakes.
- Ask for help when you need it.
- Be the kind of friend you'd like to have.

Making and keeping friends requires a lot of effort. It's not always easy and sometimes friends do things which are hurtful. A good friendship is one in which the people involved all work together to make it an enjoyable and rewarding experience for everyone. Be prepared to step in and help your child if you sense that their friendships are not appropriate or suitable. Talk to your child's teacher if you are unsure.

Student Assistance

If you require assistance meeting expenses related to your child's education e.g. excursions or uniforms, you are welcome to call the school and ask to speak with the Principal, Mr Attard.

Attendance Cup!

Well done to 3/4M and 1/2O for taking out the Attendance Cup over last two weeks at school for best class attendance. Can your class win the cup next week? Do your bit, be at school every day!



Dogs at School

For safety and hygiene reasons, please keep your dogs outside of school grounds when picking up or dropping off your children from school.



Stranger Danger

Dr Carr-Gregg suggests that children need to be taught about personal safety as openly as they are taught about, road safety and water safety. "Talk to your children about stranger danger, but don't frighten them," Carr-Gregg said. "Let your kids know they can talk to you about safety issues and concerns they have."

He advises parents to teach their children that bad people don't necessarily look mean - they often will smile and act friendly.

"Discuss with your children how to identify safe adults who they can go to when they are in danger - people like police and firemen," Carr-Gregg said. "Street proofing children is not just about pointing out dangers, but teaching them skills."

Here are some strategies to build your child's confidence and increase their awareness:

- Teach your child that the world has some good people and some bad people who do want to hurt children

- Role play scenarios with your child - for instance, someone might approach offering sweets, asking for help, or asking if they'd like to come and meet their new puppy. Then teach your child how to say a firm "no" and to walk away.
- Teach them that if someone is attempting to take them, they should fall to the ground and start kicking and screaming, to bite if necessary. They should do anything it takes.
- Instruct your child to make as much noise and create as big a diversion as possible to alert other people in the area. Teach them to yell, "This is not my mum/dad", if someone attempts to apprehend them. This will let others know that he/she is not just "throwing a tantrum" at mum/dad which is likely to be ignored by bystanders.
- Children have very good instincts. They should trust that feeling in their gut that tells them if something is safe or not.

Resilience (repeated article from last newsletter- because it's important!)

Learning to be resilient is one of those special life skills. Resilience is the ability to cope with negative events in one's life and 'bouncing back' to a state of emotional well-being. Research indicates that young people who have high resilience skills have a lower likelihood of becoming depressed or suicidal. They have a higher likelihood of having greater emotional wellbeing and lives that are more satisfying.

Experts are concerned that well meaning parents are smothering their children by over-protecting them. Sheltering children from disappointment does not allow them to develop life skills. Children can only learn resilience skills through experiencing some hurt; it is a part of growing up. Obviously, parents can intervene to minimise the 'hurt', but the nature of childhood is that you will graze your knee, be chosen second, have a friendship disagreement and not get everything you want. To develop resilience in life, unfortunately you have to experience some of these things.

Life skills start when children are preschoolers, playing, taking risks within the protection and parameters of parents in the family home. Then when children commence school through formal and informal play, children learn to interact, solve problems, show initiative and be inventive. The critical thing for parents is to let their children make mistakes or miss out and learn from the experience. Resilience is not 'caught', but has to be 'taught'. By careful conversations both at home and school, children can learn to 'bounce back' after disappointments and develop a healthy attitude to life's challenges and opportunities.

"Experience is not what happens to you; it's what you do with what happens to you."

Aldous Huxley.

Walking together to and from school

Plan your trip to school so you use pedestrian crossings where possible.

Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.

Drop off and pick up your child near the school gate and avoid calling them from across the road.

Talk with your children about Stop, Look, Listen and Think every time they cross the road.

STOP! one step back from the kerb.

LOOK! for traffic to your right left and right again.

LISTEN! for the sounds of approaching traffic.

THINK! whether it is safe to cross.

Young children can learn these safe pedestrian habits from you and continue them later on when they are old enough to travel alone.

Drop off and pick up by car

- Make sure your children are in an appropriate child car seat that is fitted and used correctly.
- Stick to the 40km/h speed limit in a school zone as children are about.
- Look for buses pulling out – watch for flashing wig wag lights.
- Always park and turn legally around schools.
- Avoid dangerous manoeuvres such as U-turns and three-point turns.
- Always give way to pedestrians particularly when entering and leaving driveways.
- Drop your children off and pick them up on the school side of the road in your school's designated drop off and pick up area. Calling out to them from across the road is dangerous – they may run to you without checking for traffic.
- It's safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

"Berkeley West PS" Playgroup

Our free playgroup will be starting up on Friday 2nd September for children 0-5 years and their parents/carers. It will be on every Friday morning during school term from 9.00-10.45am at Berkeley West Public School, using the preschool room.

If a playgroup here at school would be something you would join in with, please add your details using the link below.

Register your interest here-

<https://forms.gle/mx6VaYXuLxJjyH6y7>

We are taking enrolments for Kindergarten 2023 now!!

Either come in and see us at school, or enrol online now at-

<https://enrol.education.nsw.gov.au/#/?schoolCode=4180>

Our 2023 Kinder Orientation program begins mid October.

Class	Student of the Fortnight	Reason
KJ	Natasha Harvey	For a huge effort and improvement across all areas of learning.
1R	Cleo Lee	For her participation and engagement during Book Week.
1/2O	Aleen Ambarek	Settling into the class routine with ease after a long absence. Welcome back!
2/3F	Isaak Diaz	For an improved attitude and application to all learning tasks
3/4M	Bella-Rose Veigel	For her consistent positive attitude to all areas of her learning.
3/4T	Aseel Ambarek	For a settled attitude in class and for her consistent application across all subject areas.
5/6H	Cody Craft	Always listening carefully and willing to share his thoughts and opinions.
5/6LW	Liam Weston	Amazing book week artwork!



Go4Fun is a FREE healthy lifestyle program. It helps families of 7-13 year old children above a healthy weight, to become fitter, healthier and happier!

When: Saturdays in Term 4, 2022 (starts 16 October)

Time: 9am-11am

Where: University of Wollongong, Sports Hub

Taking enrolments for future Port Kembla and Dapto programs.

1800 780 900

go4fun.com.au/register



DON'T FORGET!



SCHOLASTIC
Book Club
orders are due:

Monday 05/09/2022

SCHOLASTIC
Book Club LOOP
for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:

www.scholastic.com.au/LOOP



For online catalogues/issues use the address below
<https://www.scholastic.com.au/book-club/book-club-parents/>

If you have any troubles placing an order please contact Book Club on

Phone: 1800 021 233

Email: customer_service@scholastic.com.au

BWPS BOOK WEEK PARADE Awards 2022

Class	1 st Prize \$10	2 nd Prize- Text
	Scholastic Voucher	The Wildest Book Week EVER!
KJ	Charlotte A	Memphis
1R	Kaedence	Nariah
1/2O	Phoenix	Kyle W
2/3F	Callie	William
3/4 M	Savannah	Ben
3/4 T	Levi	Peyton
5/6 H	Dwayne	Bob
5/6 LW	Alina	Russell

BERKELEY WEST PUBLIC SCHOOL

Welcome to our school - where great minds grow!

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 ✉ berkeleyw-p.School@det.nsw.edu.au 🌐 berkeleyw-p.schools.nsw.gov.au



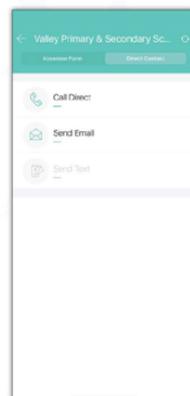
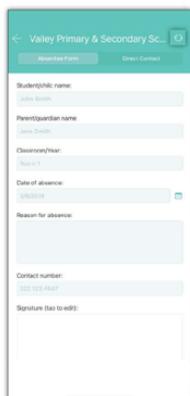
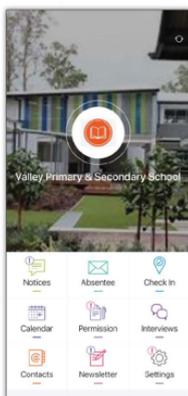
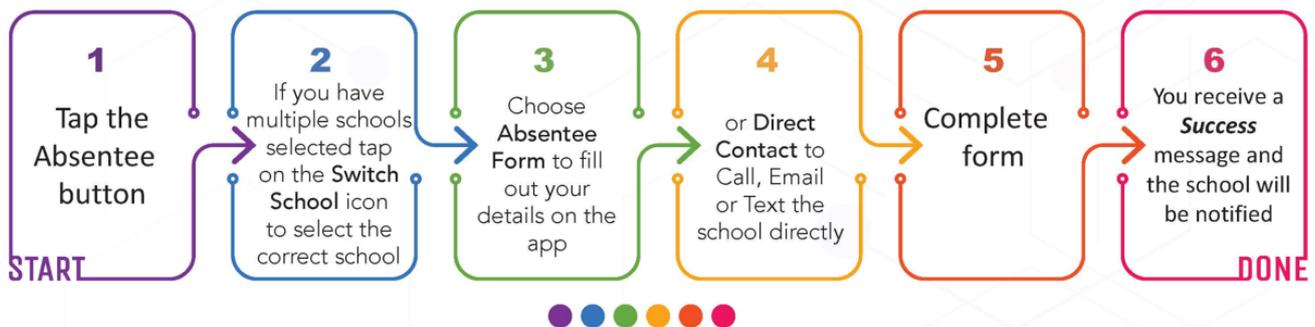
Kindergarten 2023

We welcome all new Kindergarten students and families to Berkeley West Public School.

Submitting Absentees with



Download **The Skool Loop App**. A simple 100% free download: In Google Play & App Store search '**Skool Loop**' & choose our school once installed.



Berkeley West Public School

Thanks to the below businesses for sponsoring our school app:

Albion Park Nissan,
Suzuki & MG



Nutrition Snippet

FAKEAWAYS.

Cooking at home is not only healthier, it will save you money.



Try these fakeaway recipes:

- [Chicken burrito bowls](#)
- [Lentil burgers](#)
- [Easy pizza](#)

For these recipes and more visit:
healthylunchbox.com.au



If you would like to advertise on the Berkeley West Public School Skool Loop App please email Content@skoolloop.com



To download our app: In Google Play & App Store search 'Skool Loop' & choose Berkeley West Public School once installed.

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Days missed = years lost

A day here and there doesn't seem like much, but...

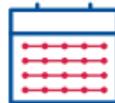
When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight
M ~~W~~ T F
M T W T F

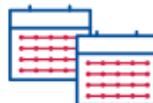
= **4** weeks



= Over **1** year missed

1 day per week
M ~~W~~ T F
M T W ~~F~~

= **8** weeks



= Over **2.5** years missed

education.nsw.gov.au

EDUCATION WEEK OPEN DAY 2022- 'Creating Futures!'

Monday 5th September

Dear Parents/Carers,

Attached is the program of events planned for our Education Week Open Day to be celebrated on **Monday 5 September**. Hopefully you can find time to come and visit our school on our Open Day!

Time	Activity	Description	Where
11:00am- 11.50am 	Lunch (All parents welcome)	Parents/friends are welcome to attend a picnic lunch with their children in the playground. <ul style="list-style-type: none">The P&F will be organising food order option for the day- keep an eye out for a separate note coming home soon! The school canteen will be open for all your other food and drink requirements	School playground
12.00- 12.40pm	Education Week assembly	Come and join us for a special Education Week assembly in the hall for awards and presentations	School hall
12.45- 1.40pm 	K-6 Open classrooms (All parents welcome)	Visit your child's class to check out and join in some of the fun maths activities with them!	Your child's classroom

★

We look forward to seeing you at school on our open day!

